

## Coeburn High School clubs helping rebuild High Knob Tower

Coeburn High School has been going green this past school year.

Family, Career and Community Leaders of America, along with the Ecology Club, started a recycling system in October 2008. Recycling bins and "can crushers" were placed in the hallways near trash cans, in hopes that students would take the green alternative. Aluminum cans, plastic bottles and paper were on the list of recycled items.

Announcements were made, flyers were posted, and active members of the two organizations promoted the efforts to reuse, recycle and restore. Faculty also became involved and advertised the project, as well as participated with enthusiasm.

At the close of the project, all collected recyclables were turned in for monetary profit. This money, in turn, was donated to the High Knob Enhancement Corporation to benefit their efforts to rebuild the tower and surrounding area that was once an integral part of the Wise County community.

Although the Recycle to Rebuild project has officially been completed, Coeburn High School and its clubs and organizations plan to continue

recycling throughout the next school year and beyond. Students, faculty and members of the Ecology Club and FCCLA would like to encourage students in the immediate area to follow this example and launch recycling programs in their schools.

Family, Career and Community Leaders of America is a national student-based organization which focuses on promoting families, career preparation, and community involvement. Members experience personal growth and leadership development through Family and Consumer Sciences education and develop skills for life through character development, interpersonal communications and practical knowledge.

Members can participate in STAR events (Students Taking Action with Recognition), competitive events on the state and national level which improve and promote family, business, technological and service skills.

Coeburn High School remains active within the national programs, such as Financial Fitness, Families First, STOP the Violence, and Community Service.

Local projects FCCLA has executed which have benefited the school and community include "Be My Valentine," where students made valentines to present to patients in a local nursing home, and "Take a Water," where members handed out free water to provide a more healthy alternative for students to drink during the school day.

Participating in Justin's Walk, organizing a toy drive, and hosting a blood drive are all part of annual FCCLA projects. Members have also participated in various educational seminars, such as Get Smart about Credit, Crash Course in Careers, and Dating Violence: The Signs and Symptoms.

Coeburn High School is also proud of success in STAR events, including four gold medal and trophy combinations in Parliamentary Procedure at the state level, and one gold medal at the national level.

The Ecology Club is also an active organization at CHS. Locally established and supervised, this club has also been responsible for several extensive projects in the 2008-2009 school year. ▲





▲ Pictured, left to right, for presentation of the \$250 gift are Allyson Sutherland, **FCCLA** adviser; Kayla Swiney, ecology club president; Kinsey Hall, **FCCLA** chapter president and Virginia **FCCLA** state president; Rita McReynolds, finance chairman, High Knob Enhancement Corporation ; and Diana Withen , ecology club sponsor.